

## Garlic Mashed Potatoes

Serves: 4

Prep Time: 5 minutes

Cook Time: 5 minutes

1 Tbsp. (15mL) Mrs. Dash® Garlic & Herb Seasoning Blend

1 1/2 lb (679g) potatoes, cooked

1/2 cup (120mL) low sodium chicken broth

1 Tbsp. (15mL) unsalted butter

Combine ingredients in medium saucepan; mix well.

Cook over low heat until heated through.

Add additional low-sodium chicken broth to thin if needed.

Using a potato masher, mash potatoes until smooth and creamy.

